

Embolization Instruction Sheet

You will be contacted by a nurse 24 to 48 hours prior to your procedure to discuss your past medical history and all medications which you are currently taking.

Please inform us if you have an **allergy to contrast**, i.e., IVP dye.

Do NOT eat or drink anything after midnight the day of the procedure!

You may take your normal medications with small sips of water the morning of your procedure.

Please inform us prior to your procedure if you are taking any of the following medications: **Glucophage, Lovenox, Coumadin, Heparin.**

If you are a diabetic and are taking **Insulin**, please contact your doctor to discuss the proper dosage to take, since you will be without food or liquid after midnight the day of the procedure.

It is very important that you are without a cold, fever or infection in order to have the scheduled procedure.

You will need to visit your primary care doctor to get a pre-operative clearance evaluation for your embolization procedure. This **pre-operative clearance** evaluation should include a history and physical, lab work (CBC, CHEM 8, PT/INR) Chest Xray (CXR) and EKG. We will need your pre-operative clearance results at least 24-48 hours prior to your procedure or your procedure will be cancelled.

You will be staying over night in the hospital. We will more than likely discharge you the next day, in the afternoon, if we feel you are ready to go home.

Upon discharge, you will be given written instructions on how to care for the groin site as well as any limitations which you should observe. We will ask you not to lift anything heavier than 10 lbs or do anything exertional for one week after your procedure.

If you are taking aspirin and/or plavix do not stop this medication unless we instruct you to do so.

If you received a stent we will ask that you remain on **Plavix** for 3 months along with a full strength aspirin. Please call if you should have any problems with these medications. You are not to take PPI's (proton pump inhibitors) such as prevacid, prilosec, Zegerid, Protonix, Aciphex, while taking **Plavix**. Contact your primary care doctor to discuss alternatives.

Please make us aware of any change in your condition. You may contact us at 703-776-3030 M-F 8-430. If it is an emergency and it is after office hours please go to the nearest emergency room.

Your Interventional Neuroradiology Team