

# HEART CT SCREENING

Patient Overview

10 MINUTES THAT CAN SAVE YOUR LIFE

## The Facts

Heart Disease is the leading cause of death in the U.S.

Most people who die from a heart attack have had no prior symptoms.

A heart CT scan will tell you if you are at risk - even if you have no symptoms.

Please call our  
Health Screening  
Coordinator at  
703-698-4464  
to schedule your  
CT Heart Scan.

## It's As Easy As 1-2-3!

1. Make an appointment by calling 703-698-4464
2. Hold your breath for a few seconds.
3. Know your risk.

### Heart Disease - The Silent Killer

Heart Disease is the leading cause of death among both men and women in the US. In fact, 50% of men and 63% of women who die suddenly from heart disease have no previous symptoms according to the American Heart Association. A Heart CT scan can find hidden heart disease long before you feel any symptoms.



### How Does it Work?

CT technology can detect tiny amounts of calcium in the arteries of the heart. The amount of calcium deposited in your arteries is directly related to your risk for heart disease. The Heart CT scan is fast, painless, and non-invasive. The entire examination takes less than 10 minutes.

### What Will I Learn?

You and your physician will receive a report listing your coronary artery calcium "score" and a measure of how your score compares with others in your age group. If the scan is "negative" you can be reassured that your current risk of heart disease is very low. If calcium build up is detected, you and your physician can develop a treatment plan to minimize your risk of a future heart attack.

### Should I Have This Test?

We recommend this test for asymptomatic patients over age 40 who have risk factors such as obesity, high blood pressure, elevated cholesterol, a history of smoking, or a family history of heart disease. If you are currently having symptoms related to your heart or you have previously been diagnosed with heart disease, other tests are more appropriate.

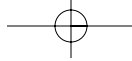
### Will My Insurance Pay For This Test?

Please be aware that most insurance plans do not cover this procedure, therefore, payment will be requested at the time of service.

### Do I Need A Doctor's Order?

You do not need an order from your physician for this test. However, we will send a copy of the result to your medical doctor and we encourage you to review the results with him or her.

For More Information on Heart CT Screening please  
call 703-698-4464 or visit our web site at [www.fairfaxradiology.com](http://www.fairfaxradiology.com)

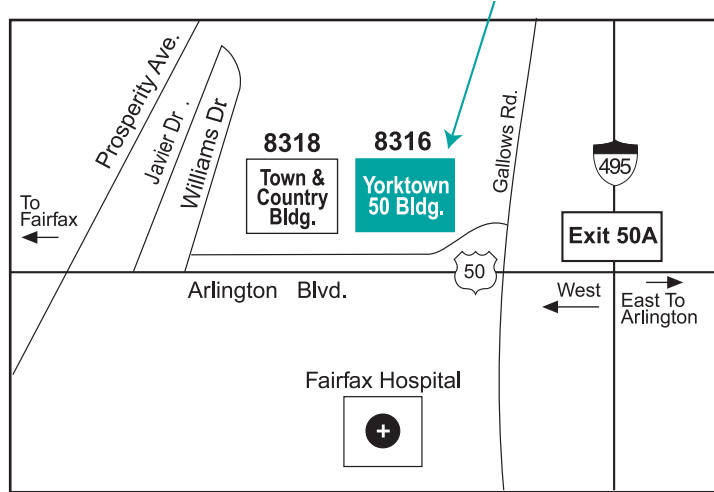


## Yorktown Imaging Center

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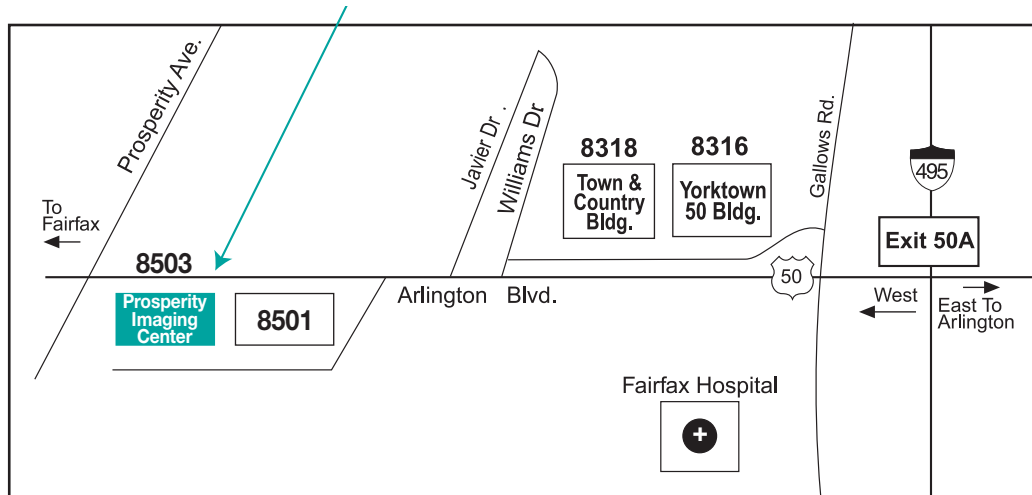


## Prosperity Imaging Center

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