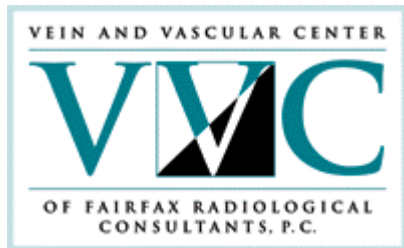


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## Your Guide to Vein Treatments

Ask about **Free Screenings** with our **Nurse Practitioner** !

Treatments covered by Most Insurance Plans



### About Us

If you suffer from unsightly, painful, varicose veins, now is the time to do something about it.

**The Vein and Vascular Center of Fairfax Radiological Consultants, P.C. (FRC)** offers the most advanced technologies and treatments available for varicose and spider veins, by highly skilled medical specialists uniquely trained in the latest minimally invasive treatments. The Vein and Vascular Center of FRC is staffed by board certified Interventional Radiologists recognized among the Best Doctors by Washingtonian Magazine and Northern Virginia magazine. Our physicians begin by identifying the cause of your varicose and spider veins through an evaluation of the leg's venous system and a detailed physical assessment and vascular imaging. Patients with symptomatic or cosmetic vein disorders are treated with the latest therapies that provide optimal results with least amount of discomfort and downtime.

### Our Services Include

Our Vein and Vascular physicians have performed more than 5,000 minimally invasive vein procedures, and were the first in the area to perform endovenous laser treatment (ELVT).

### Varicose vs. Spider Veins



**Varicose Veins** are swollen veins, which protrude in a rope-like manner from the skin. Normal veins, by virtue of one-way valves, channel blood against gravity up the leg and back to the heart. When a valve becomes defective, it allows blood flow to leak back down the leg resulting in congestion and swelling of the vein. This is a medical condition called Venous Insufficiency. These abnormal veins are a common cause of leg pain. Symptoms include fatigue, heaviness, aching, burning, throbbing, itching, cramping and restlessness of the leg, and are often made worse by prolonged standing or sitting. In advanced cases, varicose veins can lead to skin rash, darkening of the skin, inflammation, ulceration and bleeding.



**Spider Veins** are small red, blue or purple veins on the surface of the skin. In addition to being unsightly and often embarrassing, varicose and spider veins can cause problems. They can cause burning and pain.

### Cause and Treatment

Heredity is a major cause of varicose and spider veins. Women are more likely to suffer from these abnormal leg veins. Up to 50% of American women may be affected. Other factors that can accelerate and aggravate the appearance of veins include pregnancy, leg injury, obesity, lack of exercise, weight fluctuation, and long periods of sitting or standing. Treatment options may be classified into two forms:

#### Supportive

Exercise – Elevation – Elastic Support Hose

#### Corrective

Laser Treatment – Sclerotherapy – Micro Phlebectomy

For more Information about the Vein and Vascular Center of Fairfax Radiological Consultants, P.C., and to view a vein treatment video, visit [fairfaxradiology.com/vvc](http://fairfaxradiology.com/vvc) or call 703-698-4494

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